

CHECKLIST FOR **YOUR CAREER CHANGE**

Take time to think about the points and reflect on them in order to come to a satisfactory result.

- Pay attention to physical and mental alarms
- Look for the cause of your dissatisfaction
- Try to improve your situation by making your own changes
- Define your personal goals Both in your career and your private life
- See how you can get closer to your career objectives
- Keep all of the options in mind from the beginning. Don't rule anything out prematurely.
- Find your new dream job using your strengths
- Focus on yourself and your goals
- Try to build up some financial reserves as a buffer
- Implement your priorities and take appropriate action in good time if necessary